

ECO-VIEW

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ECO-FIRST, Inc.

Hands-on training helps establish compliance

ECO-FIRST instructors offer various courses

By Dana Tomes
ECO-FIRST, Inc.

At a time when federal and state regulations requiring employee environmental and safety training are on the rise, ECO-FIRST is attempting to help ease the burden by providing flexible courses.

ECO-FIRST is now offering many OSHA, MSHA, EPA and DOT-compliant training courses at the time and location which best suits those who need to comply with various regulations.

"We have found that many clients prefer to conduct training courses on the weekends," says Robin Spurlock, ECO-FIRST's office manager. "This keeps them in production during the work week, but still allows them to get the training they are required to have."

As an answer to that and other requests, ECO-FIRST is becoming more flexible in how it provides regulatory training courses. The company now offers training sessions on weekends, evenings and split sessions to help allow its clients to get the most bang out of their training buck.

ECO-FIRST also offers mobile



Employees of Mills Pride, LP of Waverly, OH, prepare an entry permit during an OSHA-compliant confined space rescue class taught by ECO-FIRST, Inc. *Photo by ECO-FIRST, Inc.*

and onsite training courses, allowing industry employees to train at their location.

"We are completely turn-key. We bring the audio-video equipment, supplies, and everything we need to do it at their location at a time that is best for them," Spurlock says.

ECO-FIRST also offers courses

at its Lesage, WV headquarters and is authorized to instruct compliance courses mandated by OSHA, EPA, MSHA, DOT and other federal and state agencies.

For more information about ECO-FIRST's environmental and safety compliance training packages please contact our office toll free at 1-877-736-7303.

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ECO-VIEW now available online Publication can be downloaded from website

ECO-VIEW, the quarterly publication of ECO-FIRST, Inc., can now be found online and available for download.

The most recent issue of the four-page corporate publication can be found by accessing the company's website at www.eco-first.com.

By clicking on the newsletter icon on our home page, the newsletter can either be opened and read as a text file or

downloaded to your computer for viewing or printing.

The new feature is an effort by ECO-FIRST to keep its customers well informed about new environmental and safety regulations, products and services being offered by ECO-FIRST and recent news which impacts the environmental community. We hope this added service helps keep you better informed.

**George McCoy**Operations
Manager**Regulatory
Update**

Disaster Planning: You better have it!

Last edition we touched on security; this quarter let's look at a topic just as important but less thought of.

DISASTER. Most think a disaster occurs on a grand scale, but nothing could be further from the truth. A disaster is anything that effects your normal operations. It could be a power outage, a flash flood, a tornado; the list goes on and on. And as surprising as it might seem, this list also includes a hurricane. How many had their business interrupted or shifted out of "normal" mode because of Katrina? Today's companies need to keep functioning. You can't afford the lost revenue with profit margins low and expenses high. Lots of little things can slip up and affect your operating ability. Everyone should have a plan.

The basic **PLAN** starts out with a site assessment. Look around and ask what could go wrong, what could possibly happen? Could that creek ever come out of its banks or what if snow built up on that flat roof? What if the secretary became ill-she hasn't missed a day in ten years-and she is the one who knows exactly what is going on and who to call if something breaks?

Once you have an assessment, it's time for **MITIGATION**, or what you can do to prevent the effect of the disaster from reaching your company. Naturally, you can't prevent everything from affecting you.

Then a **CONTINGENCY PLAN** becomes necessary, including how to work around the disaster, who to call and the order in which to call them. Then remember your objective is to maintain as much "normalcy" as possible. Your customers need your product or services, and your employees need a paycheck. Careful planning can save lots of problems, and lots of money! The old adage "IT CAN'T HAPPEN TO ME" will get you in a boatload of trouble if you seriously believe it!

Contact George McCoy at 1-877-736-7303.



Several ECO-FIRST employees pose with Morgan Shepherd's #89 Victory Motorsports Dodge Charger during a company visit to the team's shop in Hickory, NC. *Photo by ECO-FIRST, Inc.*

ECO-FIRST signs sponsorship pact with Morgan Shepherd's race team

By Dana Tomes
ECO-FIRST, Inc.

HICKORY, NC — ECO-FIRST has entered the world of NASCAR Nextel Cup racing as the "Official Environmental Services Provider" of Victory Motorsports and veteran driver Morgan Shepherd.

The two parties signed a one-year agreement that will allow ECO-FIRST to become an associate sponsor of the Hickory-based race team and to become the official provider of all environmental services to the race operation.

"We are proud to be affiliated with Morgan and his operation and are very happy to be able to become involved in NASCAR racing," says George McCoy, ECO-FIRST's operations manager. "Morgan is a class act and maintains a high standard for everything he does which is the way our company does business as well."

The one-year sponsorship agreement began with Speed Weeks prior to the Daytona 500 in February and continues throughout the 36-race Nextel Cup season which ends in late November.

As part of the agreement, Shepherd's #89 Dodge Charger will carry the ECO-FIRST name and slogan on all race cars, uniforms, equipment and the team's hauler. Look for the company's slogan, "Making Earth a better place" during the next Nextel Cup race event.

For more information about ECO-FIRST's sponsorship agreement with Victory Motorsports feel free to visit our website at www.eco-first.com or call us toll free at 1-877-736-7303.



(Top) NASCAR driver Morgan Shepherd signs autographs for ECO-FIRST employees during a recent meeting to announce the company's sponsorship. (Bottom) ECO-FIRST trucks delivering supplies to stock the team's shop and Nextel Cup car hauler. *Photos by ECO-FIRST, Inc.*

ECO-BRIEFS

The following environmental news briefs are condensed from various publications as noted, and are not the work of ECO-FIRST, Inc.

Old Phillips Fairmont site to be cleaned up

FAIRMONT, WV - Phillips Electronics North America Corporation has submitted an application with the West Virginia Department of Environmental Protection to clean up a former cullet pile site in Marion County. The 3-acre site is located on Hoult Road along Route 72 along the eastern bank of the Monongahela River.

Between 1947 and 1972 the site was owned and used by Westinghouse Electric Corporation to dispose of cullet and other waste materials generated at its Lamp Division manufacturing plant in Fairmont. The former cullet area held glass cullets, whole and broken light bulbs, lamp lenses, tubes that contained mercury, transite, refractory bricks and drums of solid waste.

WVDEP website

Airport runway project slowed by old fuel tank

MARTINSBURG, WV - The quick removal of an abandoned underground storage tank by the West Virginia Department of Environmental Protection prevented unnecessary construction delays at an airport runway expansion project in Berkeley County.

A contractor working on the runway expansion project in Martinsburg recently encountered an abandoned underground tank of unknown origin during initial grading operations. The Division of Land Restoration's Office of Environmental Remediation could not locate the party responsible for the abandoned tank during a deed search, so the agency's Leaking Underground Storage Tank Response Fund was utilized to safely remove and properly dispose of the 1,000-gallon tank. The tank closure activities were coordinated with the contractor on site and the hole was backfilled and graded, and construction on the new taxiway resumed that same day.

WVDEP website

Lead test kits available free from federal EPA

WASHINGTON— The USEPA has released a specialized toolkit to encourage school officials and child care facilities to reduce lead in their drinking water. The "3Ts for Reducing Lead in Drinking Water at Schools and Child Care Facilities Toolkit" contains materials to implement a voluntary training, testing and telling strategy.

The "3Ts Toolkit" explains how to test for lead in drinking water, report results to parents, students, staff and other interested parties, and take action to correct problems.

Printed copies of the toolkit will be available through the Water Resource Center at (800) 832-7828 and through the Safe Drinking Water Hotline at (800) 426-4791.

USEPA website

Federal air pollution program shows gains

WASHINGTON—The USEPA's SmartWay Transport Partnership program, designed to reduce greenhouse gases and air pollution, announced recently its first environmental successes with its freight industry partners.

Since its inception in February 2004, SmartWay projects have saved 283.6 million gallons of fuel per year. EPA estimates the fuel savings to yield reductions of 3.1 million tons of carbon dioxide, 22,000 tons of nitrogen oxide and 800 tons of particulate matter emissions on an annual basis by 2007. The emissions reductions and fuel savings in the two years that SmartWay has existed translate into the equivalent of emissions from nearly 550,000 cars or about 390,000 homes heated in the United States.

For more information about the SmartWay Transport Partnership, visit www.epa.gov/smartway.

USEPA website

Want more information?

Contact us if there is something you would like to see covered in a future edition of ECO-VIEW.

Mark Ring

Environmental Specialist

Our Planet



Used oil truly has become black gold

There is no reason to discard used oil, or 'slump or waste oil' as it is sometimes referred to. Dirty, used oil can be recycled time and time again if cleaned of its contaminants. The many uses of recycled oil includes:

- * Industrial burner oil, which uses dewatered, filtered and demineralized oil.

- * Mold oil for the release of products such as metal & concrete from their molds.

- * Hydraulic oil, lubricants or transformer oil.

- * Additives in manufactured products and other product uses.

Often when used oil is brought to a collection facility, it will undergo some basic pre-treatment operations such as filtering and de-watering to prepare it for sale to a specialized used oil recycler. It is here where further recycling steps will be taken, such as:

- * Filtering & demineralization, where removal of unwanted additives, inorganic material and solids occur to produce a cleaner burning feed fuel.

- * De-asphalting to pull out heavy bituminous deposits to further refine the oil.

- * Distillation to produce a base oil suitable for hydraulic, lubrication or transformer oil.

It is said that just one liter of oil can contaminate up to one million liters of fresh water if dumped to the ground. With your help we can protect this valuable resource and prevent it from becoming an environmental threat to our air, soil and ground water.

If your facility generates used oil as part of your operation or process give us a call. Chances are pretty good that we may be able to help you convert this troublesome waste stream into a positive revenue stream, better encouraging its proper and safe recycling!

Contact Mark Ring at 1-877-736-7303.

ECO-FIRST now offering complete site demolition

Many services can be done cost free

By Mark Ring
ECO-FIRST, Inc.

ECO-FIRST is now offering its clients complete site demolition services in an effort to become a regional full service environmental provider.

“We were already doing waste disposal, soil disposal and other environmental services so it made sense that we actually do the demolition and site reclamation as well,” ECO-FIRST President Dana Tomes said. “We now offer turn-key services from the initial site assessment all the way through the final reclamation process of seeding the vacant lot.”

ECO-FIRST also has been able to offer several demolition services in recent months at virtually no cost to the property owner.

“In a few cases we have done the projects at no cost because the value of the scrap generated by the demolition was



ECO-FIRST recently completed the demolition and recycling of this natural gas compressor station in Eastern Kentucky at no cost to the property owner/operator. *Photo by ECO-FIRST, Inc.*

greater than our costs,” Tomes said. “In return for the scrap rights to the facilities we waived our bill.”

In addition, ECO-FIRST also pays many customers for scrap metals generated from facility upgrades or demolition projects, resulting in a win-win scenario.

“Its not often that you can tell your client that you will pay them to do work for them, but the scrap steel market is allowing us to do that in some cases and remain profitable,” Tomes said.

For more information about ECO-FIRST’s demolition services, contact us.



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